

START
Pick a subtopic

Step 1: Refresh your memory
Read your notes/lesson powerpoint/revision website/textbook
Watch a revision video

Do you feel confident in your understanding?

NO

Attend biology surgery and ask a friend or a teacher to explain it to you

YES

Step 2: Consolidate
Make flashcards on key points, test yourself/ get someone else to test you. Re-test yourself with the ones you found difficult.
Blurting long processes from memory until you can recall all the information from memory
Make a mind map on key points, draw this out from memory, add any missing information in a different colour, repeat until you include everything.
Teach someone else the information without referencing notes

Are you able to recall the information/process from memory including all of the A level terminology?

NO

Repeat until it sticks - ask a friend to test you

YES

Step 3: Test your recall
Complete a quiz closed book e.g. Cognito, Socrative
Complete recall past exam paper questions e.g. 5 markers closed book and self assess your answers

Do the answers/mark schemes indicate you have understood the concepts well?

NO

Check your flashcards/mind maps have all of the detail and A level terminology that are required in the mark schemes, and repeat.

YES

Step 4: Apply your knowledge
Complete application style exam questions. Self assess and ensure you could answer a similar style question in future

NO

Attend biology surgery and ask a friend or a teacher to explain it to you