Logic Pro – How to BOUNCE your project
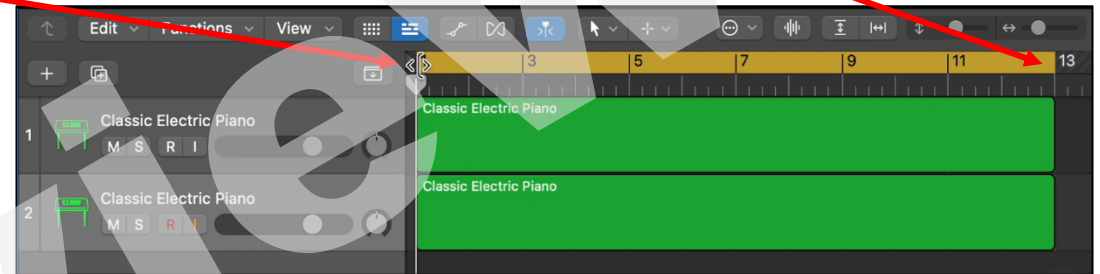
1. Click the **Cycle** button in the control bar (or press C)

2. Check your cycle area (yellow strip) goes from start to finish of the project:

   – Hover over the end of the cycle area to drag either end of the cycle to edit length

3. Press ⌘ + B to **Bounce** your project

   – MP3 is the only option that should be selected

   – Click OK

4. Select your work folder and give your file the same label as your saved project.

5. Click Bounce

Destination
- PCM
- ✓ MP3
- M4A: AAC
- Burn to CD / DVD

Start: 1 1 1 1
End: 13 1 1 1
Mode: Automatic
  - Bounce 2nd Cycle Pass
  - Include Audio Tail
  - ✓ Include Tempo Information
Normalize: On

Bit Rate Mono: 80 kbps
Bit Rate Stereo: 160 kbps
- Use Variable Bit Rate Encoding (VBR)
Quality: Highest
- ✓ Use best encoding
- ✓ Filter frequencies below 10 Hz
Stereo Mode: Joint Stereo
- Write ID3 tags
  ID3 Settings...
- Add to Music

Bounce "Logic Pro Example"

Requires 8.6 MB of free disk space (Time 0:24)

Cancel   OK