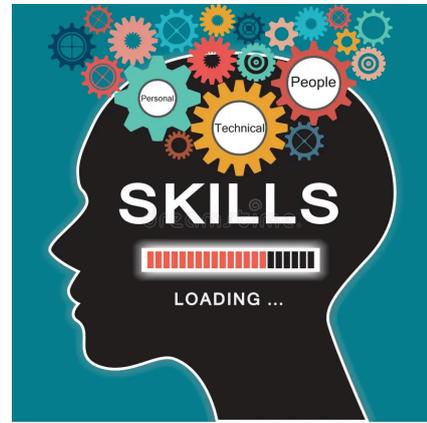




# My Skills and Strengths



Write or draw three things  
you are good at:

What activities make you feel  
happy or proud?

Highlight the skills you think you  
already use:

- Teamwork - working well with others
- Communication - listening and talking clearly
- Problem Solving - finding ways to fix things
- Creativity - thinking of new ideas
- Leadership - helping or guiding others
- Staying Positive - keeping going when things are hard

Which skills would you like to get  
even better at and how could you get  
better at these?