



How to make a Tudor medicine



Fed up of seeing your neighbours collapse dead in the street? Sick of seeing your family stuck in bed with pain and exhaustion? Wondering how to get rid of that hideous boil on your face? Worry no more! With this quick and simple medicine, you will be able to solve almost any illness, disease or unsightly skin problems.

You will need:

- Mortar and pestle
- Various dried herbs (such as sage, lavender, chamomile, and mint)
- Honey
- Vinegar
- Mixing bowl
- Measuring spoon



Method:

Step 1: First, take small amounts of your chosen herbs and use the mortar and pestle to crush them into a powder. Measure the crushed herbs and combine them in a mixing bowl.

Step 2: Next, add a spoonful of honey and a splash of vinegar to the crushed herbs. Mix well until you have a paste-like consistency.

Step 3: Then, if your mixture is too thick, add a bit more vinegar. If it's too thin, add more crushed herbs. Keep adjusting until you achieve a texture that can be easily spread or applied.

Step 4: After that, carefully add two drops of pig mucus, stir into the mixture to combine it.

Step 5: Finally, pour the mixture into a jar ready to apply to any area of skin that is showing signs of illness

With this basic understanding of Tudor medicine, you are now a qualified Tudor doctor who can tend to any many of illness and disease! Do try not to catch any illness yourself, if you take precautions you should live to be about 40.

