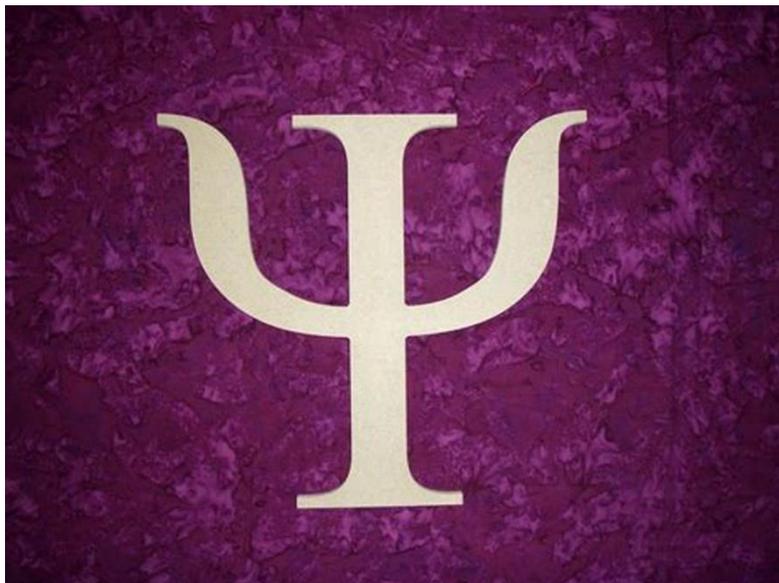


Clinical Psychology & Mental Health



Name _____

Class _____

Teacher _____

Key Definitions

Definitions in the field of mental health	
Statistical Infrequency	
Deviation from social/cultural norms	
Failure to function adequately	
Deviation from ideal mental health	
Behavioural characteristics	
Emotional characteristics	
Cognitive characteristics	
DSM-V	
Phobia	
Two-Process Model	
Behaviourism	

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Classical Conditioning (CC)	
Operant Conditioning (OC)	
Systematic Desensitisation (SD)	
Flooding	
Depression	
Beck's Negative Triad	
Ellis' ABC Model	
Cognitive Behavioural Therapy (CBT)	
Irrational thoughts	
Obsessive-Compulsive Disorder (OCD)	
Candidate Genes	
Polygenic	
Dopamine	
Serotonin	

Drug Therapy	
SSRI	
Tricyclics	
SNRI	

Key Researchers Checklist

Name(s)	Year	Red	Yellow	Green

Topic Contents:

1. Definitions in the field of mental health – Deviation from ideal mental health & deviation from social/cultural norms	Pg 5 - 8
2. Definitions in the field of mental health – Failure to function adequately & statistical infrequency	Pg 9 - 12
3. Phobia characteristics and diagnosis	Pg 13 - 16
4. Behavioural approach to: - Explaining phobias - Treating Phobias	Pg 17 – 25
5. Depression characteristics and diagnosis	Pg 26 - 27
6. Cognitive approach to: - Explaining depression - Treating depression	Pg 28 - 35
7. OCD characteristics and diagnosis	Pg 36 – 41
8. Biological approach to: - Explaining OCD - Treating OCD	Pg 42-45